

# Avocado Dye Bath DIY Tutorial



# 1. Choose Your Fabric

For this project, we're making napkins. But you can choose to dye anything... pillow cases, placemats, tablecloths, etc. Just make sure it's 100% natural fibers such as cotton or linen. I used mulsin, which is a very inexpensive cotton.



## 2. Cut Your Fabric

You get to decide on the size. I went with roughly 20" (square) for each napkin. That meant I bought 4 yards of fabric. (Again, I'm not being precise with my measurements).

I then simply cut the fabric down to size by folding and cutting along the folds until I had 8 squares.

You can certainly be more precise with your measurements if you want to!



### 3. Wash Your Fabric

Run the cut cloth through the washing machine (a quick cycle is fine) and add only 2 teaspoons of baking powder or baking soda. No detergent!

Keep the fabric in a bowl of water while you're prepping the dye bath.





## 4 Make the Dye Bath

Fill a large pot with water, about 3/4 full. Add clean avocado pits (I used 6 but use whatever you like).

Bring to boil and cover for at least 40 minutes. (You can boil or simmer. Just make sure you add water if it starts to evaporate).



## 5. Remove Pits

Once the water has turned reddish-pink (about 40 min) you can remove the pits.

Make sure you get all the bits out if your avocado pits have fallen apart.



## 6. Add Fabric

Add half of your fabric pieces to the pot, pushing it under and swirling it around every once in awhile. The dye will seep into all parts even if it's not all submerged all the time.

Simmer cloth in dye for about 20 minutes and then let sit with heat off, keep covered.





## 7. Check the Color

Once you like the shade you're seeing, take the cloth out of the pot. Run it through a short cycle in your washing machine with just a few drops of dish detergent. Then line dry or run them through the dryer.





## 8. Ta Da!

Once your first batch of cloth is out of the dye bath, you can start over with the second batch. (I only separated them into batches because my pot wasn't big enough for all 8 at once).

Repeat as above. Hem if you like or leave au natural!

